



STUDENT SUCCESS COACHING INDUCTION EVENT

FOR STUDENTS WHO ARE REPEATING YEAR 1

16 September – 11 October 2019

SCAN TO ACCESS



VIA MOODLE

Please book your free place online via iCity. You must attend both Workshop 1 and Workshop 2.

MORNING WORKSHOPS #Students: 30 max per session

- Workshop 1: Skills building and Transferable skills
- Workshop 2: Networking and Support systems

STUDENT SUCCESS COACHING – PROGRAMME AT CITY CENTRE CAMPUS

	DATE	TIME	ROOM
WORKSHOP 1			Check your <i>iCity</i> Event booking
Skills building and transferable skills – AM	Mon 16 Sep – Wed 18 Sep	Details on <i>iCity</i>	
1:1 meet your coach session. <i>Book via Moodle</i> – PM	Mon 16 Sep – Wed 18 Sep	3pm – 4.30pm	
WORKSHOP 2			
Networking and support systems – AM	Mon 23 Sep – Wed 25 Sep	Details on <i>iCity</i>	
1:1 meet your coach session. <i>Book via Moodle</i> – PM	Mon 23 Sep – Wed 25 Sep	3pm – 4.30pm	
MEET YOUR SUCCESS COACH – 10 minute session			
Book a 1:1 session	Every Thursday and Friday from Thu 19 Sep – Fri 11 Oct	10am – 4pm	

STUDENT SUCCESS COACHING – PROGRAMME AT CITY SOUTH CAMPUS

	DATE	TIME	ROOM
WORKSHOP 1			Check your iCity Event booking
Skills building and transferable skills – AM	Mon 30 Sep – Wed 2 Oct	Details on iCity	
1:1 meet your coach session. Book via Moodle – PM	Mon 30 Sep – Wed 2 Oct	3pm – 4.30pm	
WORKSHOP 2			
Networking and support systems – AM	Mon 7 Oct – Wed 9 Oct	Details on [5/fk	
1:1 meet your coach session. Book via Moodle – PM	Mon 7 Oct – Wed 9 Oct	3pm – 4.30pm	
MEET YOUR SUCCESS COACH – 10 minute session			
Book a 1:1 session	Every Thursday and Friday from Thu 19 Sep – Fri 11 Oct	10am – 4pm	

STUDENT SUCCESS COACHING EVENT PROGRAMME DETAILS

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SCHEDULE	TIME
Introduction to coaching We discuss with you our role and your expectations for this year. You get the opportunity to set your goals and discuss with us and your peers how to achieve them. You also receive a coaching portfolio and relevant materials to help you keep track of your targets, assessments and progress.	Please check starting times on your <i>iCity</i> Event booking
Activity 1: Skills building and transferable skills You will have the opportunity to reflect on and discuss your existing skills, and how these can be transferred to your academic work and personal life.	
Activity 2: Networking and support systems In small groups, you will explore how to have a strong support network from the beginning and what the benefits are of keeping in regular contact with people who can support you with your studies and wellbeing.	
BREAK: REFRESHMENTS AND NETWORKING	
Group feedback from Activity 1/Activity 2	
Academic writing skills and maths, wellbeing support, and Graduate+ We discuss with you how the Centre for Academic Success, Graduate+, and the Enablement/Wellbeing team can help you with academic writing and maths support, extra-curricular activities that complement your degree, and with aspects of your wellbeing and mental health.	
BREAK: LUNCH AND NETWORKING	
'1:1 meet your coach' sessions Spend 10 minutes discussing your personalised targets for this year with your own coach and explore realistic ways to achieve them.	3pm-4.30pm

1:1 COACHING SESSIONS

You can also book a 1:1 session with your coach outside of this programme on Thursdays and Fridays any time between 10am – 4pm. Please book your session on Moodle.



We have partnered up with Graduate+ as part of your Bronze level Award. Keep an eye on the following activities organised by Graduate+ to boost your skills on:

- Goal setting
- Communication Skills
- Time Management
- Defeating Procrastination

For more information visit: www.graduateplus.bcu.ac.uk

CONTACT

The Centre for Academic Success

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Find us on iCity: search 'Centre for Academic Success'