Essential equipment

## <u>Clothing</u>

All students are required to dress appropriately for all classes and rehearsals. Clothing should be **black** (neutral) for all classes. It should be practical and comfortable, with no low neck-lines. Trousers should cover underwear and the abdomen appropriately. You will also be expected to change from external to internal footwear before entering the studios. Remember, this is a working environment.

If you have any movement clothes that you think may be suitable, do not buy anything new until you commence your course.

Essential male and female clothing:

Minimum of 3 sets of black clothing:

- Long & short sleeved black tops that are suitable for movement (t-shirts or jumpers)
- Black tracksuit trousers
- Close fitting lycra /sports-wear or leotards, footless tights or leggings

Pair of trainers (to be worn in stage combat/body conditioning classes)

Toiletries and towel for showering

Optional male & female:

Large sports bag

Tap or jazz shoes (only if you already have these)

Additional essential female clothing:

Practice skirt (Full-length circular wrap-over skirt to floor level (to be made from any dark rich, plain coloured material, preferably heavy wool or similar - please see pattern on next page).

White long sleeved blouse/shirt

Pair of black shoes with leather ankle bar (*please see following picture*)

Optional female clothing:

Corset

It would be desirable for girls to have a black dress for movement classes, either sleeved or sleeveless; with easy flowing skirt to mid-thigh (for presentations).

Additional essential male clothing:

White long sleeve shirt

Formal, waisted, black trousers (**NOT** hipsters)

Pair of formal gentleman's black shoes (hard soled **NOT** rubber - see picture example)

Compulsory: Dance belt or jock strap - must be worn in all movement sessions.

<u> Male clothing – Optional</u>

Waistcoat - desirable but not essential

Formal jacket preferably black but grey/blue is fine

The Birmingham School of Acting operates a strict dress code which includes:

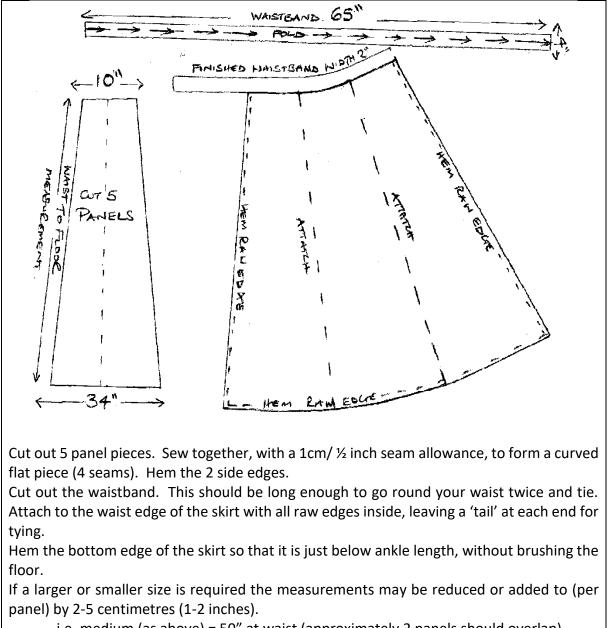
- the removal of all body piercings and jewellery before classes
- o the removal of heavy make-up
- inappropriate clothing such as jeans, scarves, hats and belts must not be worn in classes.

Clothing should have your name clearly marked and be kept clean and well maintained. Should you be required to wear a wedding ring in production, it is your responsibility to purchase this. It can be obtained from 'the Costume Shop', at a cost of approximately £2. Not having the correct clothing or your equipment, for the start of term, may seriously impede your learning in certain classes.

If you have more than one strenuous/physical class in the day, you will need to shower and change your clothing. Shower facilities are available within the School.

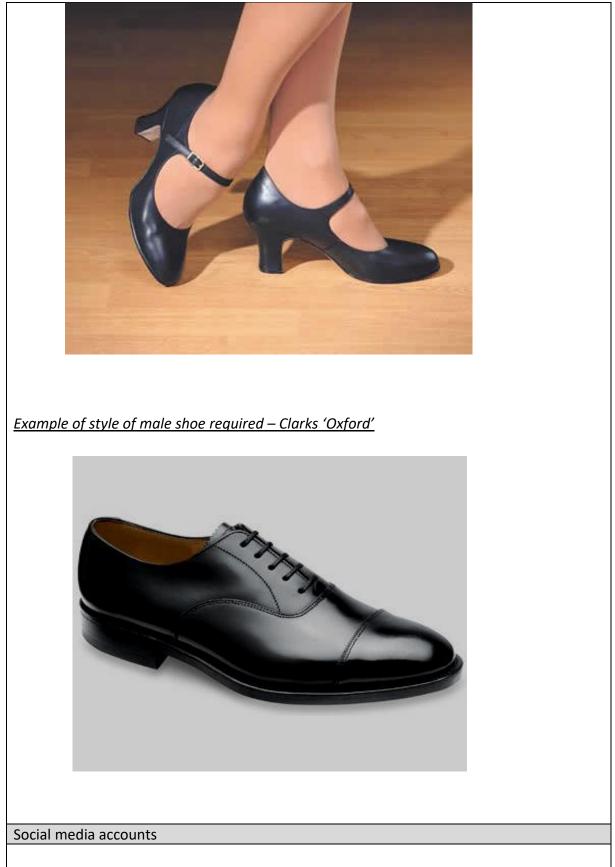
## Wrap-Over Skirt Pattern (Medium)

This should be made up in a medium weight fabric such as poly/cotton/wool mix, in a dark colour, preferably black.



i.e. medium (as above) = 50" at waist (approximately 2 panels should overlap)
Smaller 8" x 5 = 40"
Larger 12" x 5 = 60"

Example of style of female shoe required - Capezio Manhattan



It is advisable if you don't already have Facebook to get yourself connected, even if you only use it for BSA, as this is the primary way that we, the student council, get in contact with you and on some courses the Tutors set up a page so they can keep you updated.

Each year a group is created for incoming students to get to know each other, ask questions and socialise before classes start in September. The group is open to any incoming student and all current students at BSA, so there are plenty of people to get advice from and chat to before you start! You may wish, once you know who is on your course from the Facebook group, to set up a group for your own course/year.

Please use the Facebook group link below to meet new people, ask questions and find out more about what to expect from the wonderful journey you are beginning! <u>https://www.facebook.com/groups/1075244755890431/</u> or alternatively search 'Birmingham School of Acting 2016-2017' on Facebook under groups.