

# Module Specification

## **Module Summary Information**

1	Module Title	Pressure ulcer prevention and treatment
2	Module Credits	20
3	Module Level	Level 6
4	Module Code	LBR6620
5	Semester Taught	2

#### 6 Module Overview

Pressure ulcers are a significant cause of morbidity and mortality across all age groups. Treating pressure ulcers is estimated to cost between £1.2 billion and £2.4 billion per year in the UK, therefore preventing pressure ulcers is high on the agenda for the NHS and for other healthcare institutions globally. This module will address the considerations needed to implement clinically effective pressure ulcer prevention and treatment strategies.

The module aims to develop your understanding of the key concepts in pressure ulcer prevention and management. You will have the opportunity to critically reflect on the evidence-based principles underpinning pressure ulcer prevention and management and to explore the literature that currently guides practice. By fully engaging in this module, you will have the opportunity to develop your critical analysis skills and the skills necessary to foster lifelong learning within this challenging field.

This module is aimed at predominantly healthcare practitioners who wish to explore the prevention and treatment of pressure ulcers.

This module is an optional Level 6 Tissue Viability pathway module which can also be taken as a stand-alone module.

This module aligns with the Professional Practice Programme philosophy and is designed to be flexible and practice-led. You will have the opportunity to develop skills of enquiry, reflection and problem solving. A blended learning approach is taken in line with the university's learning and teaching strategy. You will be encouraged to think critically and share practice experiences with your fellow students, as well as engaging in both directed and self-directed learning activities. You will be an active partner in your own learning and development and in return you will receive regular feedback and feedforward aimed at developing your academic skills, and have the opportunity to discuss your progress with the module team.

## 7 Indicative Content

Introduction to the module Introduction to the library Academic skills Physiology of the pressure ulcer Pressure ulcer categorisation

Device related pressure ulcers

Risk factors, intrinsic and extrinsic



Pressure ulcer\_Risk assessment tools and their use

Equipment and pressure reduction techniques

Managing patients with pressure ulcers

Seating including posture

Patient safety – PSIRF

Safeguarding

Quality of life

International, National and local quality initiatives

Quality improvement

8		Module Learning Outcomes On successful completion of the module, students will be able to:			
	1	Utilising academic skills, retrieve and apply appropriate evidence to demonstrate critical arguments required at level 6.			
	2	Critically assess the care processes related to prevention and treatment of pressure ulcers.			
	3	Explore and critically analyse the evidence base for a chosen process or aspect of care related to pressure ulcers.			
	4	Critically appraise the quality agenda related to pressure ulcers.			

9 Module	e Assessment					
Learning Outcome Number (from table 8)	Coursework	Exam	In-Person			
1,2,3,4			100%			

10 Breakdown Lea	0 Breakdown Learning and Teaching Activities				
Learning Activities	Hours	Details of Duration, Frequency and other comments			
Scheduled Learning (SL) includes lectures, practical classes and workshops as specified in timetable	32	x four 7.5 hour study days delivered synchronously online X2 two 1 hour optional group tutorials			
Directed Learning (DL) includes placements, work-based learning, peer group learning external visits, on-line activity, Graduate+, peer	15	Online activities – workbooks, pre session work, database searching activity.			



learning, as directed on VLE		
Private Study (PS) includes preparation for exams	153	Preparation for end point assessment, reading, accessing resources and links on Moodle
Total Study Hours:	200	

## 11 Key Texts and Online Learning Resources

Nix, D. and Bryant, R, (2016) *Acute and Chronic Wounds.* 5th ed. St Louis: Mosby Elsevier - Section 2, Chapter 7

Baranowski, S. and Ayello, E.A. (2020) *Wound Care Essentials Practice Principles.* 5<sup>th</sup> ed. China: Wolters Kluwer. - Chapters 11 and 13. Chapter 22 (Pressure ulcers in neonatal and paediatric populations)

Greenhalgh, T. (2019) *How to read a paper*. 6<sup>th</sup> ed. Chichester: BMJ Books

Journal of Wound Care

Journal of Tissue Viability

International Wound Journal

Wounds UK - http://www.wounds-uk.com/journal

NICE (2014) *Pressure Ulcers: prevention and management [*CG179] <u>https://www.nice.org.uk/guidance/cg179</u>

https://www.epuap.org/ https://npiap.com/ https://pppia.org/ The Society of Tissue Viability | Formerly known as the TVS

EWMA - European Wound Management Association - ewma.org