**Disability support at university – get ready to be a student!**

Studying at university is different to school or college – you will be more independent, in your learning and in ensuring you get the support you need. If you have a disability, medical condition, specific learning difficulty (such as dyslexia) or a mental health difficulty, this information is for you.

The Disability Support Team, the Mental Health and Wellbeing team, your course team and other University colleagues are here to help, but there are things you need to do as you prepare to join us and after you have enrolled. Here’s a to-do list to help you get ready:

1. Have you given us your [medical evidence](http://www.bcu.ac.uk/student-info/student-services/health-and-wellbeing/disability-support/support)? If you are not sure what to send, please ask us. If you don’t send this to us when we ask for it, your support might not be ready when you start university.

2. Apply for [Disabled Students’ Allowances (DSAs)](https://www.gov.uk/disabled-students-allowances-dsas) – if you haven’t done this, get started! If you get stuck, tell us.

3. If you have applied for DSAs, do you know what to do next? If not, ask us!

4. If you have had the DSA letter telling you what equipment and support you will be getting, have you ordered your equipment? If you’re not sure how, ask us!

5. Have we sent you your Disability Support Summary (DSS) to check? This document tells your Faculty what adjustments you will need on your course. When we complete your DSS, you will get an email asking you to check it – please do this.

6. Have you sent us a copy of your timetable? Please send it to disability@bcu.ac.uk as soon as you have it, so we can arrange any one-to-one support to which you may be entitled, such as a notetaker or study buddy. We can’t do this without your timetable.

7. Have you returned the availability form that we have sent you, if you have been recommended a study skills tutor or a mentor? If not, please email the completed form to disability@bcu.ac.uk

7. If you will be having a mentor or dyslexia support tutor, they will contact you to arrange a meeting - keep an eye on your ‘phone and your BCU email inbox. If you think you should have heard from them and you haven’t, tell us.

8. Have you had information from Unitemps about how to authorise your support worker’s timesheets? Keep an eye on your BCU email inbox. If there is anything you don’t understand, contact Unitemps at pas@unitemps.co.uk or on 0121 202 4100. If you don’t authorise the timesheets, your one-to-one support could stop.

9. If you are moving away from home, have you registered with a GP? Don’t leave it until you get ill! Find out more here on our [healthcare pages](https://icity.bcu.ac.uk/Student-Affairs/Health-and-Wellbeing/Healthcare).

10. Have you had your Meningitis ACWY vaccination AND both doses of the MMR vaccine? If you’re not sure, ask your GP.

Contact us for help with all of the above:

**Disability Support Team**

Email: disability@bcu.ac.uk

Tel: 0121 331 6495

**Mental Health and Wellbeing Team**

Email: sa.wellbeing@bcu.ac.uk

Tel: 0121 331 5188