

**Welcome to Birmingham City University and hello from Student Services**

**Starting university is exciting and fun – but it can also be quite daunting.**

**Student Services is here to help our new and returning students settle in to university life by providing support, advice and knowledge through our professional support services and student mentors.**

**Having talked to other new students over the years, they have pinpointed their top tips for settling into university, which we would like to pass onto you.**

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| 1. **Register with a doctor**   As soon as possible, register with the University’s healthcare provider or with a GP in your area  **www.bcu.ac.uk/student-info/health-and-wellbeing/healthcare/register-with-a-doctor** | 1. **Sort out your student finances**   Apply for your student funding early. If you do experience difficulties, talk to us about emergency funding and hardship funds  **www.bcu.ac.uk/student-info/finance-and-money-matters** |
| 1. **Team up with a student mentor**   Being mentored by another student is a great way to learn the ropes at university, settle into university living and make friends for life  **www.bcu.ac.uk/student-info/student-services/student-mentoring** | 1. **Get work experience**   Find a part-time job to supplement your income and enhance your CV  **www.bcu.ac.uk/student-info/careers-and-job-prospects** |
| 1. **Receive support for your disability**   Whether it’s physical or sensory disabilities, specific learning difficulties, autism/Asperger’s syndrome or chronic medical conditions, information about Disabled Students’ Allowance funding, extra time in exams or how to get screened for dyslexia  **www.bcu.ac.uk/student-info/health-and-wellbeing/disability-support** | 1. **Develop a work/study/life balance**   Stay in control, maintain your health and wellbeing and ensure life doesn’t get on top of you  **www.bcu.ac.uk/student-info/health-and-wellbeing**  **www.bcu.ac.uk/student-info/students-union** |

You may have loads of questions about life at university and what support you can receive. See if we’ve already answered your question at [**www.bcu.ac.uk/studentservices/faqs**](http://www.bcu.ac.uk/studentservices/faqs).

* **Contact** us 24/7 at [**www.bcu.ac.uk/askus**](http://www.bcu.ac.uk/askus)
* **Call** us on 0121 331 5588
* **Web** us at **www.bcu.ac.uk/studentservices**