

## **Course Specification**

Cou	ourse Summary Information			
1	Course Title		Advanced Diploma in Professional Studies: Fundamentals of General Practice  BSc: Fundamentals of General Practice	
			Graduate Certificate: Fundam	nentals of General Practice
2	BCU Course Code	UCAS Code	UP0528 / UP0530 US1468 / US1470 UQ0637 / UQ0639	
3	Awarding Institution		Birmingham City University	
4	Teaching Institution(s) (if different from point 3)		Not applicable	
5	Professional Statutory or Regulatory Body (PSRB) accreditation (if applicable)		Not applicable	

### 6 Course Description

This course will provide a solid foundation to further develop your career as a General Practice Nurse. The course will develop your clinical, academic and research skills. You will focus on the health needs of the general practice population alongside the core skills required to work as part of the interdisciplinary team. You will develop skills within your professional scope of practice working under the direction of a registered nurse.

Core skills, for example immunisation, cervical screening, ear care, wound care, contraception, and sexual health are covered in the first 20 credit module, Core Skills for Working in General Practice: Caring across the Lifespan. A focus on consultation and communication skills will develop your confidence in building rapport with people seeking care across the lifespan. The second 20 credit module Long Term Conditions and Population Health provides a comprehensive introduction to epidemiology, population health and the care of people with long term conditions. You will explore the impact of health inequalities on health outcomes. You will have the opportunity to learn about and practice motivational interviewing to support people through behaviour change. The third and final 20 credit module Professional Issues and Quality Improvement for General Practice Nurses will enable you to explore the general practice nurse role in the context of UK general practice services and appreciate the impact of policy on quality and the ethos of general practice. All 3 modules must be successfully completed to achieve the award.

General practice is a rewarding and compelling environment in which to work, you have the privilege of caring for people from 'cradle to grave', engaging with the communities and families you care for. You will get to know them over several years through many life transitions. Understanding these transitions and the needs of people at different stages of their life is threaded throughout the course. Your role being the prevention of ill health as well as empowering people to manage and live well with health-related issues. Yet general practice today is also a demanding and high-pressured environment to work in, General Practice Nurses can feel isolated at times in comparison to working in a hospital setting. You will be consulting with large numbers of people and be under considerable time pressure. Therefore, managing your own stress, work-life balance and wellbeing is essential. You will be supported in developing your own strategies throughout the course to manage this and



to be able to support others in your team. Communication, consultation, and time management skills underpin everything you do and there is a focus on this throughout the course. As your confidence and capability grow you will develop into an integral and key member of the team.

The course is delivered over 12-months with the three core modules delivered online synchronously via MS Teams. This means you will interact in real time with your fellow students and lecturer's, except for the ½ day cervical screening practical session which is delivered on campus. The 3 modules equate to 32 study days in total and in addition you will require a minimum of 40 hours of supervised practice in the workplace with a practice assessor. We have experienced lecturers with a background in primary care nursing supported by subject specialist lecturers. You will learn through a variety of methods including simulation, role play, debate, and case study approaches. Options for on-campus tutorials are offered for those who wish to take this up, equivalent sessions will be offered online. Your learning will be supported by a practice assessor and supervisors within your work setting and this learning is an integral part of the course. The course team will support you and your assessor to create opportunities for you to develop in your role and successfully graduate from the course. You will be supported by a personal tutor from the teaching team throughout the course.

Students undertaking the level 6 and 7 versions of this course are taught alongside each other enhancing peer learning and interaction. Students undertaking the level 6 and 7 versions of this module are taught alongside each other enhancing peer learning and interaction. As a student enrolling on the level 6 option, you will be expected to meet the QAA level 6 descriptors and produce work that draws on a wide range of reading, critically evaluates issues, and concepts, making judgements to produce solutions and apply this new knowledge to your field of practice. Support to develop your academic skills and confidence in the interpretation of research will be offered throughout. On graduating from this course, you will therefore be well equipped to go on to further study at master's level.



7	Course Awards		
7a	Name of Final Award	Level	Credits
			Awarded
	Graduate Certificate Fundamentals of General Practice	6	60
	BSc Fundamentals of General Practice	6	60
		6	60
	Advanced Diploma in Professional Studies: Fundamentals of		
	General Practice		
7b	Exit Awards and Credits Awarded		
	Not applicable		

8	Derogation from the University Regulations
	Not applicable

9	Delivery Patterns			
Mode	e(s) of Study	Location(s) of Study	<b>Duration of Study</b>	Code(s)
Blended		City South	1 year	ADPS : UP0528 (fee paying), UP0530 (contract)
Blended		City South	1 year	Grad Cert : UQ0637 (fee paying), UQ0639 (contract)
Blended		City South	1 year	BSc : US1468-01 (fee paying), US1470-01 (contract)

### 10 Entry Requirements

The admission requirements for this course are that the applicant must:

- Be employed in the general practice setting for a minimum of 20 hours per week
- Be a Registered Nurse with current NMC registration
- Have Diploma in Higher Education or evidence of study at level 5 (to be discussed at application stage) for the BSc award
- Have a first degree for the Graduate Certificate award
- Have support from your employing practice



11	Course Learning Outcomes		
	Knowledge and Understanding		
1	Have acquired a systematic understanding of the importance and purpose of primary care and its positioning within the wider NHS and critically evaluate the impact of policy at local and national level.		
2	Be able to devise and sustain arguments based on current research and the interpretation of knowledge to promote the best quality care.		
3	Have a conceptual understanding that enables the student to take account of issues of equality, diversity, inclusivity, and safeguarding in the delivery of care.		
4	Formulate critical judgment using psychological theories, and communication skills to enable and empower people to improve, maintain or recover their health and wellbeing.		
5	Take the lead in the delivery of services when appropriate, drawing on a systematic understanding of leadership strategies and change management theory.		
	Skills and other attributes		
	·		
6	To apply communication and consultation strategies to deliver effective person-centred care for physical and mental health problems across the lifespan		
7	Work within professional scope of practice to deliver safe, effective, and high-quality care taking account of access and continuity.		
8	Engage with the interdisciplinary team to facilitate collaborative partnership working with individuals, carers, families, community, and voluntary organisations in the delivery of care.		
9	Take responsibility for own learning and development needs to address any gaps in knowledge and skills.		
10	Have developed strategies to effectively manage stress and maintain personal wellbeing		

12	Course Requirements



## 12a Level 6:

To complete this course a student must successfully complete all the CORE modules (totalling 60 credits):

Module Code	Module Name	Credit Value
TBC	Core Skills for Working in General Practice: Caring for People across the Lifespan	20
TBC	Long Term Conditions and Population Health	20
TBC	Professional Issues and Quality Improvement for General Practice Nurses	20



### 12b Structure Diagram

Module 1: Core Skills for Working in General Practice: Caring across the Lifespan Sept - Dec

Module 2: Long Term Conditions and Population Health Jan - Mar Module 3: Professional Issues and Quality Improvement for General Practice Nurses Apr - June

#### 13 Overall Student Workload and Balance of Assessment

Overall student *workload* consists of class contact hours, independent learning, and assessment activity, with each credit taken equating to a total study time of around 10 hours. While actual contact hours may depend on the optional modules selected, the following information gives an indication of how much time students will need to allocate to different activities at each level of the course.

- Scheduled Learning includes lectures, practical classes, and workshops, contact time specified in timetable
- Directed Learning includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning
- Private Study includes preparation for exams

#### Workload

#### Time spent in timetabled teaching and learning activity

Activity	Number of Hours	Percentage
Scheduled Learning	192	32%
Directed Learning	128	21%
Private Study	280	47%
Total Hours	600	100



The balance of assessment by mode of assessment (e.g., coursework, exam, and in-person) is shown below.

# **Balance of Assessment**

Assessment Mode	Percentage
Coursework	100%
Exam	0
In-Person	0