

Course Specification

Course Summary Information				
1	Course Title		BSc (Hons) Physical Education and School Sport with Foundation Year	
2	BCU Course Code	UCAS Codes	US0617F	X15F
3	Awarding Institution		Birmingham City University	
4	Teaching Institution(s) (if different from point 3)			
5	Professional Statutory or Regulatory Body (PSRB) accreditation (if applicable)			

6	Course Description
	<p>Gain a thorough understanding of physical education in schools and wider communities with our new Physical Education and School Sport with a foundation year course. We'll develop your teaching, learning and leadership skills, enabling you to become a highly employable expert on physical education and school sport.</p> <p>This degree encompasses the contemporary place and role of school-based physical education, activity, and health and sport. Physical education continues to be an important part of Government agendas, so with this in mind, you'll learn relevant and up-to-date techniques and information.</p> <p>Why choose a foundation year course?</p> <p>By studying a foundation year in Sport and Exercise Science, your first year will be spent learning a wide range of broad subject areas which then open up opportunities for you to specialise further in your next year – which would be the first year of a full degree course. You will study very broad subjects in your foundation year, which is designed to prepare you for a range of courses and not just one particular BSc degree.</p> <p>So, although you are studying a BSc in a specific course – BSc Physical Education and School Sport – the foundation year sets you up for a number of other possible degrees starting the following year. It may be that you don't end up doing a degree in precisely the same subject as your foundation year.</p> <p>This flexibility is one of the great things about the foundation year category - Sport and Physical Activity, allowing you to find out more about your interests and talents before focusing on a three year degree. The foundation year also helps us at BCU to make sure we help to match you to the degree that fits you best.</p> <p>This four year course has been specifically designed to allow students who do not initially meet the entry requirements for a three year degree, to undertake additional level 3 study designed to ensure they are successful on their chosen degree course. The foundation year helps students to develop skills such as academic writing, referencing and researching, as well as important transferable skills such as project management and team work.</p>

7	Course Awards		
7a	Name of Final Award	Level	Credits Awarded
	Bachelor of Science with Honours Physical Education and School Sport with Foundation Year	6	480
7b	Exit Awards and Credits Awarded		
	Foundation Certificate Sport and Physical Activity	3	120
	Certificate of Higher Education Physical Education and School Sport	4	240
	Diploma of Higher Education Physical Education and School Sport	5	360
	Bachelor of Science Physical Education and School Sport	6	420

8	Derogation from the University Regulations		
	Not applicable		

9	Delivery Patterns			
	Mode(s) of Study	Location(s) of Study	Duration of Study	Code(s)
	Full time	City South	4 years	US0617F

10	Entry Requirements
<p>The admission requirements for this course are stated on the course page of the BCU website at https://www.bcu.ac.uk/ or may be found by searching for the course entry profile located on the UCAS website.</p>	

11	Course Learning Outcomes			
1	Conduct yourself in a manner that is consistent with the values of your future profession.			
2	Become an autonomous learner, who is confident, adaptable and capable of independent enquiry			
3	Demonstrate a commitment to continuing personal and professional development and career planning.			
4	Demonstrate an ability to adapt behaviours in accordance with diverse cultural needs.			
5	Show sensitivity to contextual and interpersonal behaviours.			
6	Have a wide range of intellectual and key skills, and reflective approach to learning.			
7	Demonstrate excellent communication skills through a variety of modes and cultural awareness.			
8	Exhibit skills of academic writing and presentation results.			
9	Demonstrate a wide-range of transferable skills to appropriately prepare for higher levels of study and employment (e.g. communication and literacy, problem solving, numerical techniques, independent learning and working, teamwork, ICT etc.).			
10	Be able to apply effective time management and organisational skills.			
11	Be able to work effectively in a multidisciplinary team and adopt a partnership approach.			
12	Adopt and integrate multiple perspectives and explore the relationships between them.			

12	Course Requirements																																																												
12a	<p>Level 3:</p> <p><i>In order to complete this course a student must successfully complete all the following CORE modules (totalling 120 credits):</i></p> <table><tr><th>Module Code</th><th>Module Name</th><th>Credit Value</th></tr><tr><td>HEL3000</td><td>Academic Skills for Success</td><td>20</td></tr><tr><td>HEL3001</td><td>Interpersonal Skills and Professional Behaviours</td><td>20</td></tr><tr><td>HEL3002</td><td>Equality, Diversity and Inclusivity</td><td>20</td></tr><tr><td>HEL3003</td><td>Negotiated Studies</td><td>20</td></tr><tr><td>HEL3006</td><td>Introduction to Human Biology</td><td>20</td></tr><tr><td>HEL3007</td><td>Foundations of Sport and Physical Activity</td><td>20</td></tr></table> <p>Level 4:</p> <p><i>In order to complete this course a student must successfully complete all the following CORE modules (totalling 120 credits):</i></p> <table><tr><th>Module Code</th><th>Module Name</th><th>Credit Value</th></tr><tr><td>SPE4001</td><td>Introduction to PE and School Sport</td><td>20</td></tr><tr><td>SPX4000</td><td>Professional Skills and Evidence Based Practice</td><td>20</td></tr><tr><td>SPX4002</td><td>Sport and Exercise Physiology and Principles of Training</td><td>20</td></tr><tr><td>SPE4002</td><td>Children's Development: Physical, Emotional, Health and well-being.</td><td>20</td></tr><tr><td>SPE4003</td><td>Applied Anatomy</td><td>20</td></tr><tr><td>SPX4003</td><td>Biomechanics of Human Movement</td><td>20</td></tr></table> <p>Level 5:</p> <p><i>In order to complete this course a student must successfully complete all the following CORE modules (totalling 120_credits):</i></p> <table><tr><th>Module Code</th><th>Module Name</th><th>Credit Value</th></tr><tr><td>SPE5002</td><td>Practical PE and Sport: Applied Pedagogy</td><td>20</td></tr><tr><td>SPE5001</td><td>Sport, Physical Activity and Health in Practice</td><td>20</td></tr><tr><td>SPX5002</td><td>Planning & Conducting Research</td><td>20</td></tr><tr><td>SPE5003</td><td>Contemporary issues in PE & School Sport</td><td>20</td></tr><tr><td>SPE5000</td><td>Level 5 P.E and School Sport – Professional Practice</td><td>40</td></tr></table>	Module Code	Module Name	Credit Value	HEL3000	Academic Skills for Success	20	HEL3001	Interpersonal Skills and Professional Behaviours	20	HEL3002	Equality, Diversity and Inclusivity	20	HEL3003	Negotiated Studies	20	HEL3006	Introduction to Human Biology	20	HEL3007	Foundations of Sport and Physical Activity	20	Module Code	Module Name	Credit Value	SPE4001	Introduction to PE and School Sport	20	SPX4000	Professional Skills and Evidence Based Practice	20	SPX4002	Sport and Exercise Physiology and Principles of Training	20	SPE4002	Children's Development: Physical, Emotional, Health and well-being.	20	SPE4003	Applied Anatomy	20	SPX4003	Biomechanics of Human Movement	20	Module Code	Module Name	Credit Value	SPE5002	Practical PE and Sport: Applied Pedagogy	20	SPE5001	Sport, Physical Activity and Health in Practice	20	SPX5002	Planning & Conducting Research	20	SPE5003	Contemporary issues in PE & School Sport	20	SPE5000	Level 5 P.E and School Sport – Professional Practice	40
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Level 6:

In order to complete this course a student must successfully complete all the following CORE modules (totalling 120 credits):

Module Code	Module Name	Credit Value
SPE6001	Psycho-social aspects of Physical Activity	20
SPE6002	Technological Advancements in PE, Sport and Physical Activity	20
SPE6000	Level 6 P.E and School Sport – Professional Practice	40
SPX6000	Independent Research Project	40

12b Structure Diagram

Level 3

SEMESTER ONE	SEMESTER TWO
Core HEL3006: Introduction to Human Biology (20 credits) HEL3000: Academic Skills for Success (20 credits) HEL3001: Interpersonal Skills and Professional Behaviours (20 credits)	Core HEL3007: Foundations of Sport and Physical Activity (20 credits) HEL3002: Equality, Diversity and Inclusivity (20 credits) HEL3003: Negotiated Studies (20 credits)

Level 4

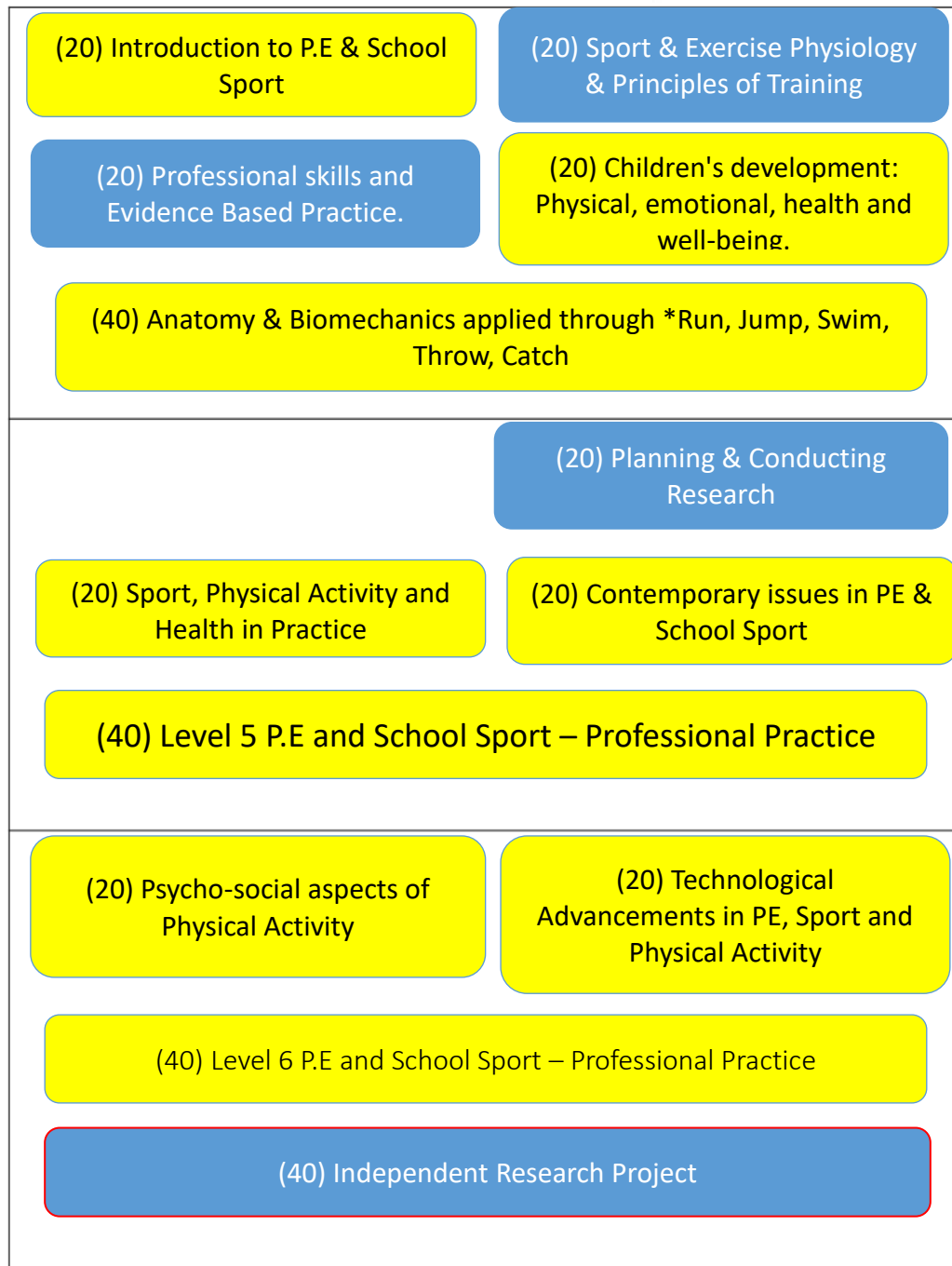
SEMESTER ONE	SEMESTER TWO
Core SPE4001: Introduction to PE and School Sport (20 credits) SPX4000: Professional Skills and Evidence Based Practice (20 credits)	Core SPX4002: Sport and Exercise Physiology and Principles of Training (20 credits) SPE4002: Children's Development: Physical, Emotional, Health and Well-being (20 credits)
Core SPE4000: Applied Anatomy & Biomechanics (40 credits)	

Level 5

SEMESTER ONE	SEMESTER TWO
Core SPE5002: Practical PE and Sport: Applied Pedagogy (20 credits) SPE5001: Sport, Physical Activity and Health in Practice (20 credits)	Core SPX5002: Planning and Conducting Research (20 credits) SPE5003: Contemporary Issues in PE and School Sport (20 credits)
Core SPE5000: Level 5 P.E and School Sport – Professional Practice (40 credits)	

Level 6

SEMESTER ONE	SEMESTER TWO
Core SPE6001: Psycho-social aspects of Physical Activity (20 credits)	Core SPE6002: Technological Advancements in PE, Sport and Physical Activity (20 credits)
Core SPE6000: Level 6 P.E and School Sport – Professional Practice (40 credits) SPX6000: Independent Research Project (40 credits)	



13 Overall Student Workload and Balance of Assessment

Overall student *workload* consists of class contact hours, independent learning and assessment activity, with each credit taken equating to a total study time of around 10 hours. While actual contact hours may depend on the optional modules selected, the following information gives an indication of how much time students will need to allocate to different activities at each level of the course.

- *Scheduled Learning* includes lectures, practical classes and workshops, contact time specified in timetable
- *Directed Learning* includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning
- *Private Study* includes preparation for exams

The *balance of assessment* by mode of assessment (e.g. coursework, exam and in-person) depends to some extent on the optional modules chosen by students. The approximate percentage of the course assessed by coursework, exam and in-person is shown below.

Level 3

Workload

% time spent in timetabled teaching and learning activity

Activity	Number of Hours
Scheduled Learning	488
Directed Learning	144
Private Study	568
Total Hours	1200

Balance of Assessment

Assessment Mode	Percentage
Coursework	79%
Exam	17%
In-Person	4%

Level 4

Workload

% time spent in timetabled teaching and learning activity

Activity	Number of Hours
Scheduled Learning	240
Directed Learning	484
Private Study	476
Total Hours	1200

Balance of Assessment

Assessment Mode	Percentage
Coursework	60%
Exam	23%
In-Person	17%

Level 5

Workload

% time spent in timetabled teaching and learning activity

Activity	Number of Hours
Scheduled Learning	189
Directed Learning	475
Private Study	536
Total Hours	1200

Balance of Assessment

Assessment Mode	Percentage
Coursework	46%
Exam	38%
In-Person	16%

Level 6

Workload

% time spent in timetabled teaching and learning activity

Activity	Number of Hours
Scheduled Learning	124.5
Directed Learning	412
Private Study	663.5
Total Hours	1200

Balance of Assessment

Assessment Mode	Percentage
Coursework	44%
Exam	25%
In-Person	31%