

Course Specification

Course Summary Information			
1	Course Title		BSc (Hons) Physical Education and School Sport
2	BCU Course Code	UCAS Code	US0617 X151
3	Awarding Institution		Birmingham City University
4	Teaching Institution(s) (if different from point 3)		
5	Professional Statutory or Regulatory Body (PSRB) accreditation (if applicable)		Association of Physical Education

6	Course Description
	<p>Overview</p> <p>Gain a thorough understanding of physical education (PE) in schools and wider communities with our new Physical Education and School Sport degree course. We'll develop your teaching, learning and leadership skills, enabling you to become a highly employable expert on PE and school sport.</p> <p>What's covered in the course?</p> <p>This PE and school sport teacher training course encompasses the contemporary place and role of school-based physical education, activity, and health and sport. Physical education continues to be an important part of Government agendas, so with this in mind, you'll learn relevant and up-to-date techniques and information.</p> <p>Linked and mapped to the national curriculum for physical education, you'll be taught the physical activities and up-to-date information that teachers within this sector require. This course will prepare you to apply for PGCE Physical Education courses in Secondary and Primary Education.</p> <p>It won't just be about sport, though; you'll be looking at different aspects of health and people at opposite ends of the health spectrum. It's a chance for you to gain the knowledge and skills needed to negotiate different challenges.</p> <p>To help build these skills, you'll go on placements, working face-to-face and getting first-hand experience, something which will enhance your future employability.</p> <p>Mapped to the course are additional awards, where you can support teachers in a range of extra-curricular opportunities, including working with school sports teams. All of our physical education and sport courses will provide additional, employability-based qualifications at the same time as your course, enhancing your subject knowledge and giving you valuable hands-on experience.</p> <p>By taking this course, you'll be studying at our recently extended £71 million campus in Edgbaston, Birmingham, which will contain a state-of-the-art laboratory, sports therapy rooms, cutting-edge resources and a designated sports area.</p>

7	Course Awards		
7a	Name of Final Award	Level	Credits Awarded
	Bachelor of Science with Honours Physical Education and School Sport	6	360
7b	Exit Awards and Credits Awarded		
	Certificate of Higher Education Sport	4	120
	Diploma of Higher Education Sport	5	240
	Bachelor of Science Sport	6	300

8	Derogation from the University Regulations
	Not applicable

9	Delivery Patterns		
	Mode(s) of Study	Location	Duration of Study
	Full Time	City South	3 years
			Code
			US0617

10	Entry Requirements
<p>The admission requirements for this course are stated on the course page of the BCU website at https://www.bcu.ac.uk/ or may be found by searching for the course entry profile located on the UCAS website.</p>	

11	Course Learning Outcomes
1	Demonstrate an extensive and up to date critically informed understanding of theoretical concepts relating to high quality physical education, school sport and physical activity pedagogy
2	Apply innovative and appropriate pedagogical techniques in a range of appropriate physical education, school sport and physical activity settings
3	Demonstrate a capacity to engage in critical self-reflection to continue to learn and undertake additional professional training in a range of physical education, school sport and physical activity contexts
4	Demonstrate practitioner research skills for improved practice within a physical education school sport and physical activity pedagogy context
5	Apply knowledge of anatomy, biomechanics, exercise physiology, sport psychology, health enhancing physical activity and human development to a range of physical education, school sport and physical activity contexts

6	Evaluate the roles and responsibilities of adults within a physical education, school sport and physical activity context
7	Critically utilise interdisciplinary knowledge connections in order to optimise pupil learning
8	Demonstrate knowledge of safe practice and safeguarding to reduce and manage risk in a range of physical education, school sport and physical activity contexts
9	Critically review established literature on current contemporary issues in physical education school sport and physical activity
10	Demonstrate a critical awareness of current issues of Education for Sustainable Development and Global Citizenship (ESDGC) which arise in the local / national / international contexts of physical education, school sport and health enhancing physical activity
11	Critically review and adapt behaviours that inclusively embrace culturally diverse learners' needs

12	Course Requirements																																																						
12a	<p>Level 4:</p> <p><i>In order to complete this course a student must successfully complete all the following CORE modules (totalling 120 credits):</i></p> <table><tr><th>Module Code</th><th>Module Name</th><th>Credit Value</th></tr><tr><td>SPE4001</td><td>Introduction to PE and School Sport</td><td>20</td></tr><tr><td>SPX4000</td><td>Professional Skills and Evidence Based Practice</td><td>20</td></tr><tr><td>SPX4002</td><td>Sport and Exercise Physiology and Principles of Training</td><td>20</td></tr><tr><td>SPE4002</td><td>Children's Development: Physical, Emotional, Health and well-being</td><td>20</td></tr><tr><td>SPE4003</td><td>Applied Anatomy</td><td>20</td></tr><tr><td>SPX4003</td><td>Biomechanics of Human Movement</td><td>20</td></tr></table> <p>Level 5:</p> <p><i>In order to complete this course a student must successfully complete all the following CORE modules (totalling 120 credits):</i></p> <table><tr><th>Module Code</th><th>Module Name</th><th>Credit Value</th></tr><tr><td>SPE5002</td><td>Practical PE and Sport: Applied Pedagogy</td><td>20</td></tr><tr><td>SPE5001</td><td>Sport, Physical Activity and Health in Practice</td><td>20</td></tr><tr><td>SPX5002</td><td>Planning & Conducting Research</td><td>20</td></tr><tr><td>SPE5003</td><td>Contemporary issues in PE & School Sport</td><td>20</td></tr><tr><td>SPE5000</td><td>Level 5 P.E and School Sport – Professional Practice</td><td>40</td></tr></table> <p>Level 6:</p> <p><i>In order to complete this course a student must successfully complete all the following CORE modules (totalling 120 credits):</i></p> <table><tr><th>Module Code</th><th>Module Name</th><th>Credit Value</th></tr><tr><td>SPE6001</td><td>Psycho-social aspects of Physical Activity</td><td>20</td></tr><tr><td>SPE6002</td><td>Technological Advancements in PE, Sport and Physical Activity</td><td>20</td></tr><tr><td>SPE6000</td><td>Level 6 P.E and School Sport – Professional Practice</td><td>40</td></tr><tr><td>SPX6000</td><td>Independent Research Project</td><td>40</td></tr></table>	Module Code	Module Name	Credit Value	SPE4001	Introduction to PE and School Sport	20	SPX4000	Professional Skills and Evidence Based Practice	20	SPX4002	Sport and Exercise Physiology and Principles of Training	20	SPE4002	Children's Development: Physical, Emotional, Health and well-being	20	SPE4003	Applied Anatomy	20	SPX4003	Biomechanics of Human Movement	20	Module Code	Module Name	Credit Value	SPE5002	Practical PE and Sport: Applied Pedagogy	20	SPE5001	Sport, Physical Activity and Health in Practice	20	SPX5002	Planning & Conducting Research	20	SPE5003	Contemporary issues in PE & School Sport	20	SPE5000	Level 5 P.E and School Sport – Professional Practice	40	Module Code	Module Name	Credit Value	SPE6001	Psycho-social aspects of Physical Activity	20	SPE6002	Technological Advancements in PE, Sport and Physical Activity	20	SPE6000	Level 6 P.E and School Sport – Professional Practice	40	SPX6000	Independent Research Project	40
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12b Structure Diagram

Full Time

Level 4

SEMESTER ONE	SEMESTER TWO
Core SPE4001: Introduction to PE and School Sport (20 credits) SPX4000 Professional Skills and Evidence Based Practice (20 credits)	Core SPX4002: Sport and Exercise Physiology and Principles of Training (20 credits) SPE4002: Children's Development: Physical, Emotional, Health and well-being (20 credits)
Core SPE4000: Applied Anatomy & Biomechanics (40 credits)	

Level 5

Core SPE5002: Practical PE and Sport: Applied Pedagogy (20 credits) SPE5001: Sport, Physical Activity and Health in Practice (20 credits)	Core SPX5002: Planning & Conducting Research (20 credits) SPE5003: Contemporary issues in PE & School Sport (20 credits)
Core SPE5000: Level 5 P.E and School Sport – Professional Practice (40 credits)	

Level 6

Core SPE6001: Psycho-social aspects of Physical Activity (20 credits)	Core SPE6002: Technological Advancements in PE, Sport and Physical Activity (20 credits)
Core SPE6000: Level 6 P.E and School Sport – Professional Practice (40 credits) SPX6000: Independent Research Project (40 credits)	

13 Overall Student Workload and Balance of Assessment

Overall student *workload* consists of class contact hours, independent learning and assessment activity, with each credit taken equating to a total study time of around 10 hours. While actual contact hours may depend on the optional modules selected, the following information gives an indication of how much time students will need to allocate to different activities at each level of the course.

- *Scheduled Learning* includes lectures, practical classes and workshops, contact time specified in timetable
- *Directed Learning* includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning
- *Private Study* includes preparation for exams

The *balance of assessment* by mode of assessment (e.g. coursework, exam and in-person) depends to some extent on the optional modules chosen by students. The approximate percentage of the course assessed by coursework, exam and in-person is shown below.

Level 4

Workload

% time spent in timetabled teaching and learning activity

Activity	Number of Hours
Scheduled Learning	240
Directed Learning	484
Private Study	476
Total Hours	1200

Balance of Assessment

Assessment Mode	Percentage
Coursework	60%
Exam	23%
In-Person	17%

Level 5

Workload

% time spent in timetabled teaching and learning activity

Activity	Number of Hours
Scheduled Learning	189
Directed Learning	475
Private Study	536
Total Hours	1200

Balance of Assessment

Assessment Mode	Percentage
Coursework	46%
Exam	38%
In-Person	16%

Level 6

Workload

% time spent in timetabled teaching and learning activity

Activity	Number of Hours
Scheduled Learning	124.5
Directed Learning	412
Private Study	663.5
Total Hours	1200

Balance of Assessment

Assessment Mode	Percentage
Coursework	44%
Exam	25%
In-Person	31%