

GO GREEN WEEK | 8 – 12 MARCH 2021

 **BIRMINGHAM CITY**
University

Monday

8 March

Tuesday

9 March

Wednesday

10 March

Thursday

11 March

Friday

12 March



Eco Eats: Budget-friendly food

When and how to book:

12noon – 1pm, online, click [here](#) to book

Details:

[The Globe Foundation](#) will teach you plant-based recipe bases that are easy, fast and nutritious and can then be turned into all sorts of meals that are quick, simple and won't break the bank. You'll learn:

- 3-in-1 meals: make one meal and turn it into three different meal options
- Budget-friendly eco tips: meal planning, shopping and avoiding food waste
- Tips to understand the climate impact of specific food choices



Surfers Against Sewage - Plastic Free talk

When and how to book:

12.15 – 1pm, online, click [here](#) to book

Details:

Join us for a short talk by Rachel Yates from [Surfers Against Sewage](#) (SAS). Rachel will be talking about the work SAS do to reduce single use plastic ending up on our coastlines and waterways, including the Plastic Free Communities project and how you can get involved.

Dr Bike City Centre Campus

Where and when:

12.30 – 2.30pm – eight 15 minute slots available, outside Parkside Building, click [here](#) to book

Details:

Dr Bike gets people back in the saddle with a free bike 'triage' service. Book in a 15 minute slot with an experienced mechanic, who will make minor repairs and ensure that your bike is roadworthy. These sessions are funded by Cycling UK.

Please note, we may have to cancel or rearrange these sessions subject to Covid-19 restrictions.



Eco crafts: natural cleaning for an eco home

When and how to book:

12noon – 1pm, online, click [here](#) to book

Details:

Learn from [The Globe Foundation](#) how to make eco-friendly cleaning products with recognisable and easily sourced ingredients. Using tried and tested recipes, you'll learn how to mix and make products that will be able to clean your home effectively while protecting the environment, saving money and reducing your exposure to harsh chemicals. You'll learn:

- How to make all-purpose cleaners for your home
- How to find and source eco-friendly cleaning supplies
- How to understand the climate impact of our cleaning supply choices



Helping Hedgehogs

When and how to book:

12noon – 1pm, online, click [here](#) to book

Details:

Hedgehogs are vulnerable to extinction in Britain. Join Jo Wilkinson from Hedgehog Friendly Campus to learn how to recognise a hedgehog that needs your help, and what to do about it.

BCU are taking part in the Hedgehog Friendly Campus scheme, a national initiative to support universities to help hedgehogs thrive. This year we will be working towards Silver accreditation.



Bats in Birmingham and the Black Country

When and how to book:

12noon – 12.45pm, online, click [here](#) to book

Details:

Join the Community Environmental Trust for an introductory talk about bats in Birmingham and the Black Country, with quick quizzes and cute photos! Learn interesting facts about some of the species we share our cities with, how you can keep an eye, or an ear, out for bats and how you can help them thrive among us!



**GO GREEN
THIS WEEK**

and pledge to take action
for the environment.

For example, could you save energy, enhance biodiversity or reduce waste? Send environment@bcu.ac.uk a photo of a sustainable action you have taken and you could win a £20 Ethical Superstore voucher.

For details and bookings, visit www.bcu.ac.uk/green-events

In conjunction with Graduate+ Week and Aston University's Go Green Week